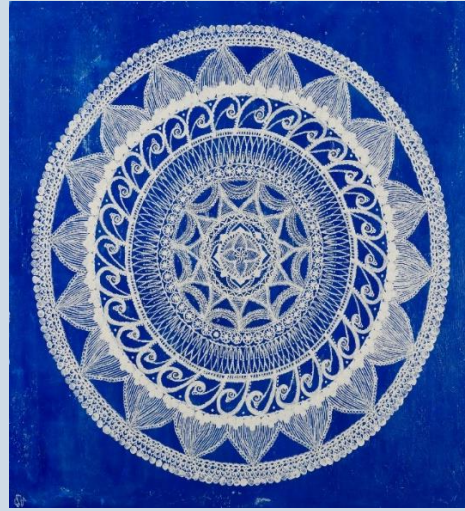


Mandala Art Retreat

Friday, October 21, 2022 from 6-9 PM

Location: Chester County Art Association (100 N Bradford Ave, West Chester, PA 19382)



Namaste!

My name is Vidya. I am an artist, and I paint mandalas.

Join me on Friday, October 21, 2022, to experience the art of painting mandalas. I will teach you the process of making mandalas while you sip Indian Chai and immerse yourself in meditative music. The retreat also includes a short presentation about mandalas, sharing gratitude, a Sanskrit prayer, and storytelling.

A mandala is a geometric meditative art that embodies beauty, harmony, and wellness. The repertoire of symmetrical motifs in mandalas indicates that life is a continuum. They convey the notion that our cycle of Karmic and Dharmic actions determines our path to a meaningful and peaceful life.

We never feel caught up with our to-do lists.

We are tired, stressed, and overwhelmed.

We need to take time for ourselves.

Register today for the three-hour retreat and feel the inner tranquility that helps you stay focused and regain your sense of calm and purpose.

Price: \$100 per person.... All Supplies & Materials Included.

No Art Background Required.